

# Colintraive and Glendaruel Community Council

## Community Food Supply Service

27<sup>th</sup> March 2020

In order to help the community access a stable and regular supply of food and supplies, we are now working with a number of local suppliers to provide a food delivery/collection service that will allow members of the community to receive food deliveries at home and avoid the need to travel to Dunoon, Rothesay or Tighnabruaich. Such shopping trips are costly, time consuming and, most importantly, expose members of our community to potential infection. The following food delivery/collection services will be available

- Fynest Fish** Robert will continue to deliver to the community as long as he has supply. Robert can be contacted on 07880 718000. This should provide a good source of fresh fish and vegetables.
- Shellfield Farm** Within the next few weeks, Nikki & Fraser will be launching a range of homemade farm2fork frozen ready meals for safe home delivery to your doorstep. These will be sold as single or 2 person portions with prices starting at £5.50 and £8.50. Initial recipes will be Beef Bourguignon, Cottage Pie, Veggie Shepherds Pie and Fish Pie, with more to be added in the future. Please contact on 07799 137779 or [shellfieldfarm@outlook.com](mailto:shellfieldfarm@outlook.com) to join their mailing list; follow their social media pages/ website for up to date info on launch date, offers and pricing
- Colintraive Hotel** Clare has offered to take orders from the community and place them with her suppliers. Orders can be collected from the hotel at a pre-arranged time slot or delivered to your door. Orders placed by 5pm Sunday will be ready for collection/delivery on the following Friday. To place an order, please call Clare on 01700 841207. To make the process as efficient and cost effective as possible, only one brand of each product will be available, depending on supply chain capacity. New items will be added over the next few weeks. We have attached an order form which can be used to order over the phone. An online ordering form will be available soon. Clare can also order meat from McQueens in Rothesay and venison from Winston Churchill to avoid multiple delivery charges

Nikki and Clare have both offered to set up accounts to make payment easier as we would like to avoid the use of cash for safety reasons. Payment can be made over the phone or by bank transfer.

Our aim in setting up this arrangement is twofold. Firstly, we feel it is vital that the community has a secure, safe and cost effective supply of food and groceries for the next few weeks and months. Secondly, it is important that we support our local businesses. We feel that this initiative helps achieve both.

If you have prescriptions that need to be collected, let us know and we can co-ordinate pickup and drop off. Tighnabruaich surgery prescriptions will be delivered.

If you have any questions about this service please contact one of our Community Resilience Volunteers

Cathleen Russell 01369 820319

Danuta Steedman 01700 841329

Davie Munro 01369 820199

This is a fast moving situation and we are trying to react as quickly as possible so will try and refine/update this service regularly.

**Colintraive Community Price List**  
Please order before 5pm Sunday for collection/delivery on the following Friday  
Orders can be placed by phoning Clare on 01700 841207  
Call Clare to arrange a slot to collect your order or request free home delivery

Type	Description	Size	Cost	Type	Description	Size	Cost
Food and Drink				Household	Happy Shopper 15 Firelighters with Hotspots 200g	200g	£1.00
	Argyll Coffee		£6.50		Fuel Express Traditional Wood Logs		£8.99
	Coffee (instant)		£3.49		Finish dishwasher tablets		£2.99
	Tea		£2.99		Kitchen Foil		£1.29
	Sugar		£1.20		Flash Bathroom		£2.00
	Icing Sugar		£1.50		Toilet Duck		£2.00
	Oatly Oak milk		£2.50		Daz		£2.99
	Pot Noodle		£1.19				
	Baxters Soups - Tomato/Scotch Broth/chicken broth		£1.19		Flash all purpose		£1.49
	Fish Fingers	224g	£2.75		Toilet Paper		£1.50
	Bottlegreen Cordial Hand-Picked Elderflower	500ml	£3.49	Pet	Chappie		£1.19
	Britvic Blackcurrant Cordial	1000ml	£2.99		Cat litter		£1.00
	Ham	100g	£1.19		Whiskas		£3.75
	Galloway Medium Scottish Cheddar	200g	£2.49	Toiletries	Toothbrush		£3.00
	Princes Tuna Chunks in Brine 145g (Drained Weight 102g)	145g	£1.59				
	Onions				Toothpaste		£1.00
	Carrots				Toilet Roll		£5.00
					Shampoo		£1.00
	Apples		£1.60		Always Ultra Normal (Size 1) Sanitary Towels Wings	14 pads	£2.29
	Lemons		£1.30		Soap		£1.49
					Panadol Paracetamol Caffeine Pain Relief Tablets	500mg	£2.65
	Potatoes				Anadin Extra Aspirin, Paracetamol & Caffeine	16 Caple	£2.65
	Farm Fresh Mixed Fruit		£1.69		Tampax		£2.99
	Bread sliced		£2.90	Champagne & Sparkling Wine	Cremant d'Alsace, Meyer Fonne Brut NV	750ml	£36.00
	Butter - lurpak spreadable		£2.59	Red Wine	Old Vines Garnacha, Bodegas Estaban Martin 2018	750ml	£8.99
	Milk pint	1 pint	£0.80		Montepulciano d'Abruzzo Fratelli Barba 2017	750ml	£10.00
					Malbec Triuno 2017	750ml	£10.00
	Milk 2 pint	2 pints	£1.30		Bodegas Bohedal Rioja Crianza 2016	750ml	£12.00
	Milk 4 pint	4 pints	£2.45		Meerlust Red 2016	750ml	£28.00
	Bread flour		£2.50		Aqua Santa Pinot Noir	750ml	£16.00
	Plain flour		£1.59	Rose	Cinsault/Grenache "Tendem" Rose Bruno Andreu 2018	750ml	£11.00
	Eggs		£1.85	White Wine	White Wine Bottle retail everyday	750ml	£8.99
					Chenin Blanc Paarl Heights 2018	750ml	£10.00
	Orange Juice		£1.75		Falerio Saladini Pilastris 2018	750ml	£12.00
	Mini Cereals	2	£1.00		Sauvignon Blanc Taringi 2018	750ml	£13.00
	Mars/Snickers		£0.85		Albarino Nai e Senora 2018	750ml	£15.00
	Microwave Rice		£1.49		Picpoul de Pinet Domaine Morin Langaran	750ml	£15.00
	Jam - marmalade/ raspberry or apricot		£1.19		Sancerre	750ml	£30.00
	Mustard (maille dijon or wholegrain)		£2.15	Soft drinks	Various cans	330ml	£0.85
				Beers	4 cans Tenants	440ml	£4.80
	Chilli sauce for chinese cooking		£3.99				
	Borders buscuits		£1.85				
	Oatcakes		£1.70				
	Honey		£6.95				
	Baked Beans		£0.99				
	Salt and pepper		£2.80				
	Lea and Perrins		£2.19				
	Olive Oil		£2.69				
	Water		£1.00				
	Pipers crips		£1.00				