

ColGlen Resilience News

Issue No. 5

SHORTENING THE WINTER
As winter is fast approaching the Resilience Group have been planning things to keep us active and in contact with each other.

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www.colglencommunitycouncil.org.uk/

Prescriptions

There are a number of volunteers from Colintrave and Glendaruel who will deliver your prescription to your house. Volunteers are picking up prescriptions from the surgeries on this basis:
Tighnabruaich: Monday, Wednesday and Friday.
Strachur: Wednesday

Deliveries

Shellfield Farm2Fork Ready Meals available now from 01369 820208 or hello@shellfieldfarm.co.uk
Co-op are making deliveries. To make an order visit www.co-op.co.uk or ask your phone volunteer for help doing so!
Fynest Fish order at www.fynestfish.com or fynestfish@btinternet.com
Loch Fyne for deliveries email shop@lochfyne.com or call 01499 600484 or 600483 Mon to Fri between 09:00 and 17:00

CGDT are presently making applications on the Resilience Group's behalf to various funders to continue our COVID response programme, particularly to enable the continuation of the foodbox / food store programme. *More news by end of November we hope.*

CANVASS ADVERT

The Electoral Registration Office will be conducting a door to door canvass during November for those persons who haven't yet returned their annual canvass forms
– if you still have your original form, you can return it now.



Highlands and Islands Enterprise
Iomairt na Gàidhealtachd 's nan Eilean



The Scottish
Government

DATES FOR YOUR DIARY

NOVEMBER

Photographic Competition

30 November

Cake Decorating

16 November

Knitting & Crocheting

Contact when you have a bundle for sewing together

Quizzes

Posted up on the Colintrave and Glendaruel website every 1st & 3rd Monday of the month. Answers posted 2nd & 4th Fridays of the month.

ColGlen Book

Will be collecting photos and information ongoing from now.

Zoom Quizzes

9 November, 7.30pm

7 December, 7.30pm

Arts & Crafts

Send up to 4 photos of your entry by 18th December

SHORTENING THE WINTER

As winter is fast approaching the resilience group have been planning things to keep us active and in contact with each other.

We have set up a programme of activities that you can participate in from the comfort of your own home. There are quizzes, competitions and all sorts of different things to do. We don't know how long we are going to have to stay socially distant with only a couple of households being able to meet outside. We know how isolating that is and we want to support you as much as possible by finding ways for people socialise safely.

KNEE RUGS

We hope to make small rugs that people can have over their knees whilst sitting outside. If you knit or crochet and have some spare time can you make 15cm or 6inch squares that we can sew together to make blankets. Contact us if you can knit or crochet or if you are willing to sew the squares together. Our hope is that we will be able to get a covered outdoor space where people can meet according to the Covid restrictions.

CAKE DECORATING

As many of you are fantastic bakers we thought we would hold a cake decorating competition. With the approach of Hallowe'en, Guy Fawkes and Remembrance Day we thought we would make any of these the theme for our first competition. You can make and decorate a cake in any of these themes. Take pictures of your masterpiece - a maximum of 4 photos per cake - and send the pictures to Danuta, Davie or I and we will get our world renowned cake decorator to judge them. The beauty of this is that you then get to eat the cake. There will be 2 sections in this competition one for under 13 and one for over 13 years of age. The competition will close on 16th of November at 5pm. One entry per person. Once the competition is over we will display a selection of the pictures on the ColGlen Community Council website. We will repeat this competition at the end of December

with Christmas as the theme and the closing date for this competition will be 5pm on December 30th. If you cannot take photos please contact us and we will ask someone to take the pictures on your behalf (remember that the photographer will have to take photos outside and stay socially distant).

PHOTOGRAPHY

There are a lot of budding photographers in our community and we are setting up a monthly photographic competition which will close at 5pm on the last day of each month. The theme will be nature and again there will be an under 13 and an 13 and over years of age category. So remember to take a camera with you when you go for a walk and we will post entries on the website.

FIRE SIDE STORIES

In the past, when the days grew short and the evenings long, people would sit around the fireside telling stories. We are keen to find some people who would be willing to sit in the comfort of their own home and tell stories, recording them by whatever means possible and then sending them to us so we can share them with the community. It could be stories of your youth, adventures you've had, ghost / fairy / funny stories (just remember they are for family sharing), stories of ColGlen and some of the characters who live / have lived here. If you cannot record them yourself, get in touch and we will find a way of getting some support to you. They can be video or audio and of any length, sent in to us at any time and we will post them up on the ColGlen website for others to listen to.

A NEW COLGLEN BOOK

This has been a momentous year for us all and we would like to mark it in some way. Twenty years ago we produced the ColGlen millennium book and this year we thought we would begin to record our journey together through this pandemic. We are keen to replicate the idea of the millennium book and have photographs of every household with a wee paragraph about how they have coped this year. Please start to think about this and if you

can, begin to write your story of this year and take a photo for our book. Our editors will be contacting people of all ages to collect pictures and stories of those who wish to be included in this edition of the ColGlen community.

QUIZZES

Over the winter months we will post different quizzes for fun on the Community Council website. Please download and try them. If you cannot access them online please contact us and we will get a paper copy to you. We will also start monthly zoom quizzes. If you are interested please contact Danuta and let her know - we need a minimum number of people before a quiz can be set up.

ARTS & CRAFTS

There will be a craft competition of a craft your choice, (u13 and 13 & over) and up to 4 photos of your entry to be sent to us by 5pm on 18th Dec.

IDEAS WELCOME

These are just some of the events we have planned. If you have an idea to help shorten the winter please let us know and if we can find a way to make it happen we will.

THANKS TO...

In our last newsletter I forgot to thank a couple of groups. One is Grace and her team for helping keep the community food boxes and distributing excess foods to people in the community. It is very much appreciated. The other thank you is to Charles who has typeset and printed all the newsletters that we have distributed for free.

We have an amazing community and we need to continue to support and help one another. If anyone needs help or support throughout these next few months please contact us.

*Take care and stay safe,
Cathleen*

To enter a competition, ask for or offer help, please ring Cathleen (01369820319), Danuta (01700 841329), David (01369820199) or your volunteer.